



**Chatham Yacht Club
Summer 2009**

**NOTICE OF RACE and
SAILING INSTRUCTIONS**

**Chatham Yacht Club Officers and
Committee Members 2009**

Commodore	Ted Dickson
Vice Commodore	Bonnie Rosenthall
Rear Commodore	Lee Sheldrick
Treasurer	Paul Burmeister
Secretary	Betsy Hargreaves

Race Committee

Carol Barrow (Chair)	
Paul Burmeister	Dan Mendelsohn
Ryan McHorney	Nancy Murphy
Carolyn Paczkowski	Anne Sampson

Dock Committee

Karen Sheldrick (Chair)	
Kathleen Bush	Betty Cary
Dorothy Cary	Polly Dickson
Jane Hoffman	Anne Marie Johansen
Liz Lorin	

1. Rules

Races will be governed by the rules as defined in the current

The Racing Rules of Sailing.

2. Notices to competitors

Notices to competitors will be posted on the official CYC notice board located outside the clubhouse.

3. Signals Made Ashore

Signals made ashore will be displayed from the flagpole located at the end of the CYC dock.

4. Schedule of Races

See separate attachment.

5. Registration

Prior to the warning signal of each race, all boats must register.

6. Class Flags

Class flags for each class shall be the class insignia except for the Marshall 18, which shall be "M-18," and the Beetle Cat, which shall be "BC."

7. Racing Area

The racing area will be Pleasant Bay. See separate attachment.

8. Courses

See separate attachment.

The diagrams included in these sailing instructions with identifying letters show the basic courses, including the order in which marks are to be passed and the side on which each mark is to be left. The identifying letter of the basic course selected will be displayed from the RC boat before or with the warning signal.

Courses D, M & T may be modified by additional laps around the course. When one of these courses is modified, the course posting will show numerically the additional laps to be sailed, (e.g. D2, M2, T2).

9. Fixed Mark System

Boards hung from the Pier or RC Boat will identify classes (in black), marks (in red or orange) and times around (in black). Solid red (port) or solid green (starboard) boards may be used to indicate the side on which marks are to be passed. Moveable marks will be indicated by the letters X, Y, or Z. If two starting classes are to round different moveable marks, the marks which are closer to the starting line shall be indicated by the

number 1 (X1, Y1, Z1). Moveable mark for Optimists will be small balls with a black stripe. Moveable marks for other classes will be large balls. If necessary, the Race Committee will post further instructions about the course on the official notice board no later than 30 minutes prior to the first warning signal.

10. Drop Mark System

When the Race Committee intends to use the Drop Mark System it will fly code flag "D" from the flagpole at the end of the CYC dock. The identifying letter of the basic course selected will be displayed from the RC boat before or with the warning signal. The approximate magnetic bearing from the RC boat to Mark 1 will be displayed from the RC boat. The starting and finishing marks for courses D, M, & F are not marks of the course except when starting, finishing complying with a rule or if after finishing, re-finishing.

11. The Start

Races may be started using Rule 26 of the RRS, or the Race Committee may elect to use the Sound-Signal Starting System (Appendix S of the RRS) at its discretion. If the Race Committee uses the sound system, it will display code flag "Q" prior to the warning.

11.1 A start to a Series race will be given to two or more boats.

11.2 Starting-Line at CYC Pier: The line is between the outer mark (a.k.a. "Outer") and the pole on the pier flying the RC flag. When starting, boats must pass between the Guide mark (a.k.a. "Inner") and "Outer."

11.3 Starting-Line at Committee Boat: The starting line is between the RC flagstaff aboard the RC Boat and a nearby mark.

12. The Finish

For all courses that finish at the Pier, the finish shall be between Inner & Outer, "straight through" from the last mark except when the last mark is "B," in which case Outer will be left on the same side as the previous mark.

13. Time Limit

All races shall have a timelimit for the first boat to finish.

13.1 Time limits are as follows: Saturday races will have a two-hour time limit. Tuesday and Wednesday races will have a one-and-a-half hour time limit.

13.2 Boats still racing 60 minutes after the first boat finishes in Saturday races or 30 minutes after the first boat finishes in Tuesday and Wednesday races, and not thereafter retiring, being penalized, or given redress, will be scored TLE (Time Limit Expired) and will be assigned scored points equal to the number of boats finishing within the time limit plus one point. This changes rules 35, A4.1, A4.2, and A5.

14. Crew

14.1. Minimum crew is two except for single-handed classes.

14.2. Maximum crew is:

Daysailers and Catboats – 4 adults

Sunfish, Lasers & 420s – 2 adults or 2 children (or one of each)

Beetles - 3 adults or 2 adults & 2 children

Handicap – same as Beetles

14.3. All others as permitted by the RC

Anyone over 15 will be considered an adult.

15. Reefing and Spinnakers

15.1. When code flag "R" is displayed, Beetle Cats must carry a reef, and Marshall 18's must carry two reefs.

15.2. When code flag "V" is displayed, spinnakers shall not be used.

16. Safety

All participants are required to wear USCG approved PFDs while racing. (This modifies RRS 1.2).

17. Support Boats

In CYC Sailing School races, and the CYC Junior Series races, patrol boats may coach sailors who are clearly in need of assistance. Further, coaching of Green Fleet Optimists will be permitted in all races, but shall be limited to skippers in the bottom half of the fleet in any given race. (This changes RRS 41).

Patrol boats shall neither create wakes, nor otherwise interfere with competitors.

18. Protests

Protest forms will be available in the clubhouse, on the shelf to

the left of the fireplace. All protests shall be in writing and delivered to the Dock Committee within 30 minutes after the race committee finishes the last boat of the last race. Hearings will be held as soon as possible after racing each day.

19. Scoring

19.1. The low-point scoring system of Appendix A shall apply with the following modifications: Three races are required to be completed to constitute a Series. For a Season Series, the three races must occur on more than one day.

19.2. Series qualification:

- a. The skipper of each boat must be a member of CYC to qualify for inclusion in the Series results. In 420s at least one member of the crew must be a member of CYC.
- b. A sailor must compete in at least 3 races to qualify for a Series.
- c. Non-CYC members are invited to sail twice per season in CYC Series races.

19.3. Throwouts:

- a. When fewer than 4 races have been completed, a boat's Series score will be the total of her race scores.
- b. When 4 to 6 races have been completed, a boat's Series score will be the total of her race scores excluding her worst score.
- c. When 7 or 8 races have been completed, a boat's Series score will be the total of her race scores excluding her two worst scores.
- d. When 9 or more races have been completed, a boat's Series score will be the total of her race scores excluding her three worst scores. (This changes A2).

19.4. A boat that does not come to the starting area shall be awarded points equal to 2 more than the number of boats that came to the starting area for that race. (Modifies A9).

19.5. In the 420 class only, both the Skipper and Crew will be scored. This will enable individuals to qualify for a

Series, regardless of their crew position (this modifies A2).

19.6. When a CYC competitor has been requested by Chatham Yacht Club to represent CYC at a Local, Regional, or National Event, (s)he may be granted a "bye" by the Race Committee for a missed Club race, only if the Club races are held on the same day as the "away" race. For the purposes of scoring, this bye will be awarded at the time of final scoring and will be treated as average points for the relevant Series. At least 60 % of the Series Races must be sailed in order to qualify for this bye. This bye will be given to a competitor who has attended the "away" event as approved by the CYC Executive Committee.

19.7. Sailing School races are not scored as outlined in this section. Please check the bulletin board for details on the Sailing School races.

20. Trophies

Pennants will be awarded to the top three finishes in each class for each race, so long as the competitor awarded has finished ahead of at least two other boats. Series pennants will be awarded to the top three finishers of each Series in each class. Season pennants will be awarded to the top three finishers of the season in each class.